SPECTRUM BAR MEN

TO SHARE

Sharer for Two (V) £10.95 Marinated olives, hummus, sourdough, and halloumi sticks

Sharing Nachos (V) £10 Tortilla chips topped with melted cheese, jalapeno chili, guacamole, Pico de Gallo, tomato salsa and sour cream.

Mezze Platter £16 Falafel. Olives, Hummus, Vegetables, Feta Cheese, Dips and Sourdough Bread

NIBBLES

Marinated Olives (GF)(VE) £3.25 Mixed Bread Selection (V) £5.25 Tortilla Chips (V) £3.50

LIGHT BITES

Lamb Samosas £8 Vegetable Samosas £6 (V)

Crispy fried filo parcels filled with spicy minced lamb or fresh vegetable.

HOUSE SANDWICHES

AVAILABLE 24 HOURS Freshly prepared with your choice of white or brown bread, served with crisps and a salad garnish

English Mature Cheddar & Pickle (V) £8

Served with rocket and red onion marmalade.

Egg Mayonnaise (V) £8 with watercress

Ham & English Mustard or Piccalilli £8

Smoked Salmon £9 Served with cracked black pepper and lemon butter.

Prawn Cocktail £9 Piled Coldwater prawns with mayonnaise, Marie rose sauce, lettuce, and

tomato

FROM THE SEA

Camden Pale Ale Battered Fish & Chips £16.50 Prime beer battered crispy cod served with triple cooked chips, mushy peas. and tartare sauce

PASTA & SALAD

Traditional Caesar Salad £12.95 Cos Lettuce, Croutons with a Caesar's Dressing made up of Olive oil, Lemon Juice and Parmesan Cheese

Add Roat Chicken or smoky Bacon £3

Chicken, Mango & Avocado Salad (GF) £14.50 3 of your 5 a day, rich in vitamin C and folate, Asian Style slaw and lemon dressing

> Penne AL Arrabbiata Con Pollo £14.95 Fiery Rich Tomato and Basil Sauce with Chicken

HOT SANDWICHES

Served with triple cooked chips and coleslaw.

Tuna Melt £9 Melted cheese and tuna.

BLT £14 Bacon, Lettuce and Tomato in Light Mayonnaise

Brie & Bacon Baguette £12 Brie, beechwood smoked bacon and cranberry sauce.





FROM THE GRILL

28 Day Aged Beef Steaks (GF)

Tomatoes, Portobello mushroom and skin on chips

8 oz Rib Eye Steak 8 oz Sirloin Steak	£23.95 £24.95
Sauces: Bearnaise, Peppercorn, Mushroom, Blue cheese, Rosemary Jus	£2
Aberdeen Angus Burger	£16.95
Cajun Chicken or Grilled Burger Spicy breaded chicken, Pico de Gallo served in a brioche bun with triples cooked chips, salad, and coleslaw.	£15.95
Extra toppings: Mushrooms, Jalapeno Chili, Onion Ring, Cheese, Bacon, or Egg	£1

PIZZAS

Classic Margherita (VE) £12 Classic Mozzarella Cheese and Tomato Sauce

> **Pepperoni Passion** £14 Pepperoni, Mozzarella Cheese, and Tomato Sauce

Meat Feast £14 Pepperoni, Ham, Mushrooms, Onions, Ground Beef, Sausage, Mozzarella Cheese, and Tomato Sauce

Hawaiian £14 Pineapple, Ham, Mozzarella Cheese, and Tomato Sauce

BBQ Chicken £14 Green Peppers, Red Onions, Bacon, Chicken, Mozzarella Cheese, and Tomato Sauce

Veggie Lover £15 Roasted Green Peppers, Sweetcorn, Red Onions, Mushrooms, Black Olives, Mozzarella Cheese, and Tomato Sauce

DESSERT

Vanilla Crème Brulé (V) £8

Apple Tarte Tartin (V) 6.95

Ice Cream & Sorbet (GF)(V) £5.95 Please ask your server for flavours

Sticky Toffee Pudding £7.25 With Vanilla ice cream

Sharing Traditional Cheese Board (V) £10.25 Smoked cheddar, stilton, brie, and English cheese

SIDES (£4 EACH)

Sweet Potato Fries (GF)(VE) Skin On Fries/French Fries (VE) Home Made Onion Rings (VE) Chunky Chips (V) Seasonal Vegetables (GF) (VE) Home Green Salad (V) Mashed Potato (GF)(V) Seasonal Vegetable (GF)(VE)





